

Interchange  
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**Volunteer**  
**Mentor**  
**Information**

The Mentor Program matches a child/young person with an intellectual disability with a volunteer one-on-one to assist in accessing the community, building friendships and social skills and increasing community participation.

### **Mentor Role**

- Mentors are matched with a child/young person based on mutual interests.
- Mentors spend regular time with the young person participating in activities that they both enjoy.
- Mentors are positive role models.
- Mentors work collaboratively with the young person's family to achieve personal outcomes.
- A minimum of a 12 month commitment is required.



### **Time Commitment Required—Assessment**

- Completion of paperwork, including health form, 2 DCSI Screenings, supply of 2 personal referee details, personal information.
- One interview with the Program Coordinator where we will discuss your 'life story' so far. (will take approximately one hour)
- Completion of a full day First Aid course (Interchange will reimburse you once you are matched)
- Two hour evening training session.

### **Time Commitment Required—Once Matched**

- Regular fortnightly catch-ups with your match of between 4-6 hours duration.
- Regular contact with the Program Coordinator.
- Participate in an Annual Review with the Program Coordinator.
- Attend at least two further mandatory training sessions organised by Interchange annually.

### **Interested in Applying???**

- Complete an Application Form and send in to Interchange.
- The Program Coordinator will call you to discuss the assessment process and arrange to have additional paperwork sent out to you.